



After BOTOX® Treatment – Recovery

BOTOX® treatment is a non-invasive procedure that can reduce or eliminate facial lines and wrinkles. As with any cosmetic procedure, BOTOX® treatment requires after care. In order to achieve the best results possible, patients should follow their provider's post-treatment instructions carefully.

Pain after BOTOX® Treatment

Most patients do not report feeling pain after undergoing Botox Treatment. The provider injects BOTOX® Cosmetic into the muscles located underneath the skin. Patients often cannot feel the injection, or they compare it to a minor insect bite. The doctor will be careful to target specific muscle groups so that only the necessary muscles receive treatment. When the BOTOX® injections have been administered, after care instructions will be provided by the doctor or a trained staff member.

Will there be Bruising and Swelling?

Some small red dots may be visible on the skin after treatment, as well as some minor bruising. However, both the red dots and bruising from BOTOX® treatment will fade after a few hours. It is important that you follow your doctor's instructions for BOTOX® after care to help ensure that you achieve optimal results. Some patients find it helps to apply a lightweight cold compress to the treated area for a few minutes after the procedure. The appearance of any bruising or swelling can also be minimized with the help of makeup.

BOTOX® Treatment After-Care Instructions

When BOTOX® treatment after care instructions are properly followed, recovery from the procedure is usually quick. Immediately after administering the BOTOX® injections, your doctor may have you perform some facial exercises. By observing your facial movements, your doctor will be able to determine your Botox treatment results and whether the proper muscles were targeted.

While BOTOX® after care usually does not require any downtime and normal activities can be resumed immediately after the procedure, patients are advised to wait 24 hours before taking part in any strenuous activity. Your doctor will advise you to avoid lying down for four to five hours following the treatment and to avoid massaging the treated area.

Be sure to ask your doctor about any recommendations he or she may have regarding changes in your daily skin regimen or the use of other medicines and drugs in conjunction with your BOTOX® treatment.