



Venus Freeze Pre/Post Care Instructions

Prior to Treatment:

1. Notify us if you develop any type of illness, cold sore, or open lesion in the area being treated prior to your treatment. Please be aware you cannot have this treatment if you have a defibrillator or permanent pacemaker. Also, if you have a metal implant we cannot treat that area (dental implants are ok).
2. Ensure you are drinking $\frac{1}{2}$ your weight in equivalent ounces of water daily. Example: a 150 lb. person should be consuming at least 75 oz. of water each day. For fat/cellulite reduction treatments, also do the following: (1) unless contraindicated by your regular physician, eat salty foods the night before and the day of your treatment; and (2) ingest as much of your required water as possible on the day of your treatment but still prior to your treatment appointment.
3. For best results, limit/avoid caffeine and/or alcohol for at least 3 days prior to treatment.
4. Avoid Ibuprofen and non-steroidal anti-inflammatories as much as possible during treatment series.
5. Remove all jewelry, piercings, makeup and lotions prior to treatment.
6. For clients who have had filler or Botox, you must wait 2 weeks for a Venus Freeze Treatment.

Post Care:

- Generally continue drinking $\frac{1}{2}$ your weight in equivalent ounces of water daily. Example: a 150 lb. person should be consuming at least 75 oz. of water each day. However, for the first 3 days after treatment increase your normal daily amount by 1 liter.
- Continue limiting caffeine and/or alcohol during treatment series especially if fat/cellulite reduction is being performed.
- If fat/cellulite reduction is being performed, engage in light cardiovascular activity for at least 30 minutes (e.g. brisk walk, jog, cycle, aerobics, etc.) after your treatment but still on the same day and for each of the 3 days thereafter.
- Maintain a healthy diet.
- Do not gain weight during treatment series.
- If you get a burn on your skin, gently clean the skin and apply hydrocortisone cream on the area several times a day for one week. If the burn scabs or opens, also use a thin layer of antibiotic ointment on the area after the hydrocortisone cream. Please contact us immediately of any burns.

All appointments are secured with a credit card. Any appointment not cancelled or rescheduled prior to 24 hours notice will result in a \$50.00 charge. No refunds are given for services rendered or products sold. If you are dissatisfied for any reason please notify us within 48 hours of your appointment to discuss. Please call our office 203-533-4560 during normal business hours if you have ANY questions or concerns.

I have read this form to the best of my knowledge and will inform my therapist if any change in my medical condition occurs.

All procedures that are performed are for cosmetic purposes only. Results cannot be guaranteed as every individual responds differently.

Signature: _____ Print Name: _____ Date ___/___/___

Technician: _____ Print name: _____

Venus Freeze Pricing:

	One time	Package	Package
Face or Neck	\$300	Series of 6- \$1620.00	Series of 8- \$2040.00
Body	\$300	Series of 8- \$2160.00	Series of 10- \$2550.00
Under Eye	\$150		
Hands	\$200		

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