



### Dermapen Pre/Post care instructions

#### **Prior to Treatment:**

- You will be contacted by custom scripts, and they will take payment. The topical will be shipped directly to you
- Apply topical anesthetic 1 hour prior to your service to the area to be treated.
- No Retin-A products or applications 12 hours prior to your treatment.
- No auto-immune therapies or products 12 hours prior to your treatment.
- No prolonged sun exposure to the face 24 hours prior to your treatment. A Dermapen treatment will not be administered on sunburned skin.
- On the day of the treatment, please keep your face clean and do not apply makeup.
- If an active or extreme breakout occurs before treatment, please consult your practitioner prior to your service.

#### **What Can Be Expected:**

After your Dermapen treatment, please be aware and observe the following:

- Immediately after your Dermapen treatment, you will look as though you have a moderate to severe sunburn and your skin may feel warm and tighter than usual. This is normal and will subside after 1 to 2 hours and will normally recover within the same day or 24 hours. You may see slight redness after 24 hours but only in minimal areas or spots.
- Your practitioner will prescribe post-procedure skincare after the procedure to help soothe, calm and protect the skin. Continue to use for 3 days. Do not resume your skin care until 48 hours after the procedure.
- Treatments should be booked 4-6 weeks apart.
- 4-6 treatments are recommended for optimal results.

#### **Instructions:**

Be certain to adhere to the following post-treatment instructions:

- **CLEAN** – Use a soothing cleanser or face wash with tepid water to cleanse the face for the following 48 hours and gently dry the treated skin. Always make sure that your hands are clean when touching the treated area.
- **HYDRATE** – Following your Dermapen treatment, your skin may feel drier than normal.
- **STIMULATE** – In the days following your Dermapen treatment, and as the skin starts to regenerate, collagen stimulating peptides are ideal to continue the stimulation.
- **MAKEUP** – It is recommended that makeup should not be applied for **12 hours** after the procedure. Use a clean makeup brush, to apply makeup.
- **PROTECT** – Immediately after the procedure, apply a broad spectrum UVA/UVB sunscreen with a SPF30. A chemical-

**What to Avoid:**

To ensure the proper healing environment, be certain to observe the following:

- For at least 2 hours post treatment, do NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol (Vitamin A), Vitamin C (in a low pH formula) or anything perceived as 'active' skincare.
- Avoid intentional and direct sunlight for 24 hours. No tanning beds.
- Do not go swimming for at least 24 hours post-treatment.
- No exercising or strenuous activity for the first 24 hours post-treatment. Sweating and gym environments are harmful, rife with bacteria, and may cause adverse reactions.

If you do not arrive with your topical applied your appointment may be canceled, or subject to change. All appointments are secured with a credit card. Any appointment not cancelled or rescheduled prior to 24 hours notice will result in a \$50.00 charge. No refunds are given for services rendered or products sold. If you are dissatisfied for any reason please notify us within 48 hours of your appointment to discuss.

I have read this form to the best of my knowledge and will inform my therapist if any change in my medical condition occurs.

All procedures that are performed are for cosmetic purposes only. Results cannot be guaranteed as every individual responds differently.

**Signature:** \_\_\_\_\_ **Witness:** \_\_\_\_\_ **Date** \_\_\_/\_\_\_/\_\_\_

**Print name:** \_\_\_\_\_ **Print name:** \_\_\_\_\_