



Juvederm After care Instructions

- Swelling, redness, and tenderness will occur after your treatment and usually resolves within 72 hours.
- Ice can be applied to treated area to reduce swelling in the first 24 hours after treatment.
- Avoid manipulation of treated area for a minimum of four hours.
- Avoid products that boost metabolism for 1-2 weeks following your treatment as these products can minimize your results by flushing the Juvederm out before it takes effect.
- For the first 24 hours you should avoid strenuous exercise, alcoholic beverages, extensive sun or heat exposures as well as medications that tend to thin the blood.
- Avoid aesthetic lasers, Microdermabrasion, or IPL over areas with Juvederm for a minimum of one week after treatment.